



Nobles Fall Afternoon Program Offerings—2021-22

<u>Activity</u>	<u>Grade levels</u>	<u>Notes</u>
ATHLETICS		
Varsity Football	I, II, III	* by tryout only
Junior Football	VI, V, IV	
Varsity Soccer	I, II, III, IV	* by tryout only
JV Soccer	II, III, IV	
3rd Soccer	IV, III	When numbers allow
Middle School Soccer	VI, V	
Varsity Volleyball	I, II, III, IV	* by tryout only
JV Volleyball	I, II, III, IV, V	
Varsity Field Hockey	I, II, III, IV	* by tryout only
JV Field Hockey	II, III, IV	
Middle School Field Hockey	VI, V	
Varsity Cross Country	I, II, III, IV	
Middle School Cross Country	VI, V	
Middle School Outdoor Adventure	VI, V	Each afternoon in MSOA we take on a new adventure in the beautiful outdoors. From kayaking, rock climbing and hiking to fire building and s'mores eating (yes, s'mores eating is an outdoor adventure), MSOA is non stop fun. We work to expand students' knowledge of outdoor skills through team challenges, adventures, and games.
Strength & Conditioning	I, II, III, IV	Strength and conditioning includes weight training in the weight room. strength training, metabolic conditioning, plyometrics, and prehab exercises in spaces outside of the weight room that are located in the MAC.

COMMUNITY SERVICE	I, II, III, IV	The Nobles service requirement (80 hours) encourages students to learn about volunteerism and social justice issues on local, national and global levels. The afternoon program addresses a variety of local issues and the impact that volunteers can have on building community. Students earn between 40-60 hours upon completion of a season of service.
PERFORMING ARTS		
Technical Theatre	I, II, III, IV, V, VI	Join the technical theatre crew as we create the sets, lights, costumes, props, and sound for the fall theatre and dance productions! All you need to join us is a willingness to learn. Make friends, be part of the excitement backstage, and gain skills that can last a lifetime.
Fall Mainstage Production (Cast)	I, II, III, IV	All are welcome to audition (and we're here to help!) for our fall theatre production. Rehearse and perform a play as we bring live theatre back to the Vinik Theatre. *By audition only
Upper and Middle School Dance	I, II, III, IV, V, VI	Open to all levels of dance experience. Come explore a variety of dance styles (jazz, hip hop, contemporary - just to name a few) and develop choreography for the live fall dance concert in Vinik Theatre.
VISUAL ARTS		
Upper School Afternoon Art	I, II, III, IV	In Upper School Afternoon Art, you will have the opportunity to create a range of projects with a focus on playful experimentation. Projects can be explored using a variety of media, including ceramics, painting, drawing, photography and printmaking. We will help you learn elements of design, like pattern, shape, rhythm and value, and provide you with critical tools to elevate your work. No experience is necessary and the emphasis will be on exploration.
ADDITIONAL OFFERINGS		
Yearbook	I, II, III, IV	The school yearbook is published annually to commemorate both the senior class and the school year. The book serves as a record of the events, organizations, and teams that underlie our school community. The yearbook staff is responsible for both designing the book and marketing it to the student body.
Independent Project	I, II, III, V	*By application only - For Class V, see Mr. Geneus. For Classes III, II, I see Mr. Resor
Class I Exempt	I	
Class II Exempt	II	

Have a question? Click [here](#) for a list of important contacts.