



Nobles Spring Afternoon Program Offerings—2022

<u>Activity</u>	<u>Grade levels</u>	<u>Notes</u>
ATHLETICS		
Varsity Lacrosse	I, II, III, IV	* by tryout only
JV Lacrosse	I, II, III, IV	
Middle School Lacrosse	VI, V	
Varsity Tennis	I, II, III, IV	* by tryout only
JV Tennis	I, II, III, IV	
Middle School Tennis	VI, V	
Track and field	I, II, III, IV	
Varsity Baseball	I, II, III, IV	* by tryout only
JV Baseball	IV, III, II	
Middle School Baseball	V,VI	
Varsity Softball	I, II, III, IV	* by tryout only for Class IV
JV Softball	VI, V, IV, III	
Varsity Crew	I, II, III, IV	* by tryout only for Class IV
JV Crew	I, II, III, IV	

Middle School Learn to Row	VI, V	
Ultimate Frisbee	I, II	* limited to Class I & II
Varsity Golf	I, II, III, IV	* by tryout only (usually in the fall)
Strength and Conditioning	I, II, III, IV	S&C will include weight training in the weight room. There will also be strength training, metabolic conditioning, plyometrics, and prehab exercises in spaces outside of the weight room that are located in the MAC.
COMMUNITY SERVICE	I, II, III, IV	The Nobles service requirement (80 hours) encourages students to learn about volunteerism and social justice issues on local, national and global levels. The afternoon program addresses a variety of local issues and the impact that volunteers can have on building community. Students earn between 40-60 hours upon completion of a season of service.
VISUAL ARTS		
Middle School Afternoon Art	V, VI	In MS Afternoon Art you will have the opportunity to use a variety of materials to create projects with a focus on playful experimentation. Projects using painting, drawing, cutting, and building will help you learn to use pattern, shape, and value to elevate your work. With your own personal art kit, you will be able to create wherever you are. No experience is necessary and the emphasis will be on fun and exploration.
PERFORMING ARTS		
Technical Theatre Program	All grades	Join the technical crew as we create the sets, lights, costumes, props, and sound for the spring mainstage production! No experience needed, all you need to join us is a willingness to learn. Make friends, be part of the excitement backstage, and gain skills that can last a lifetime.
Spring Mainstage Production Cast	I, II, III, IV	All are welcome to audition (and we're here to help!) for our spring theatre production. Rehearse and perform a play with your peers under the guidance of a faculty director. *By audition only

Dance Outreach Middle and Upper School	VI, V, VI, III, II, I	Learn how to work with children by teaching dance to local elementary students. No dance experience required - just a positive attitude, patience, creativity, and lots of energy! Fulfills 40 hours of community service.
ADDITIONAL OFFERINGS		
Independent Project	I, II, III, V	*By application only - For Class V, see Mr. Geneus. For Classes III, II, I see Mr. Resor.
Class I Exempt	I	
Class II Exempt	II	

Have a question? Click [here](#) for a list of important contacts.